



Oberstdorf, Germany May 20 – May 23, 2010



International Adult Figure Skating Competition Oberstdorf, Germany



International Adult Figure Skating Competition

International Adult Competition

for

Men, Ladies, Pairs, Ice Dance and Synchronized Skating

organized by the

Deutsche Eislauf-Union e.V.

in

Oberstdorf, Germany

May 19 - May 23, 2010

A competition

under the authorization of the



INTERNATIONAL SKATING UNION



1. General

The International Adult Figure Skating Competition 2010 will be conducted in accordance with the ISU Constitution and General Regulations 2008, the ISU Special Regulations & Technical Rules Single & Pairs Skating and Ice Dance 2008, the Special Regulations & Technical Rules Synchronized Skating 2008, as well as all pertinent ISU Communications, and this Announcement. If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, the provisions in the Announcement govern.

Participation in the International Adult Figure Skating Competition 2010 is open to all skaters who belong to an ISU Member, as per Rule 107, paragraph 9 and 12, Rule 109, paragraph 1, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in this announcement and they meet the participation requirements.

In the International Adult Figure Skating Competition only skaters may compete who have reached at least the age of twenty eight (28) before July 1st, preceding the event but have not reached the age of seventy-one (71) before July 1st, preceding the competition. For Synchronized Skating only skaters may compete who have reached at least the age of twenty five (25) before July 1st, preceding the event but have not reached the age of seventy-one (71) before July 1st, preceding the competition.

Entry forms and payment are to be submitted directly by the skaters. With the entry form a copy of the photo page of the participant's passport or government issued photo identification must be submitted as proof of the age and a copy of the participants Membership cards or license or approval of the Member Federation must be submitted as proof of current Membership in an ISU Member Federation.

The International Adult Figure Skating Competition 2010 will include the following disciplines:

- Ladies and Men Free Skating
- Ladies and Men Artistic Free Skating
- Pairs Free Skating
- Ice Dance Compulsory Dance
- Ice Dance Original Dance
- Ice Dance Free Dance
- Synchronized Skating

2. Entries

A skater competing after July 1, 2009 in an ISU Championships or National Championships of a Member Federation (other than an Adult National Championships) or a competition from which a skater qualifies for the National Championship of a Member Federation (other than an Adult National Championship) may <u>NOT</u> participate in this competition.

A skater competing prior to July 1, 2009 in an ISU Championships or National Championship of a member Federation (other than an Adult National championship) or a competition from which a skater qualifies for the National Championship of a Member Federation (other than an Adult National Championship) <u>MAY</u> participate in this competition.

A skater meeting the age requirements of this competition, who competes in *adult-only events* (Free Skating, Pairs Free Skating, Ice Dance or Synchro) at a National Championships or competition from which a skater qualifies for the National Championships of a Member Federation <u>MAY</u> compete in this competition.

The organizers welcome the participation of former elite skaters. In this case appropriate "**masters elite**" event categories will be added to the competition for such skaters. <u>Masters Elite Free Skating</u> will follow the Masters Free Skating requirements. <u>Masters Elite Pairs</u> will follow the Masters Pairs requirements. <u>Masters Elite Free Dance</u> will follow the gold free dance requirements. <u>Masters Elite OD</u> will follow the OD requirements. <u>Masters Elite Compulsory Dance</u> will follow the Adult Gold Compulsory Dance requirements. (See below.)



All other skaters of an ISU Member Federation who meet the age requirements may participate. Age categories for ladies and men free skating events:

Class I	skaters born between	July 1 st , 1973	June 30 th , 1981
Class II	skaters born between	July 1 st , 1963	June 30 th , 1973
Class III	skaters born between	July 1 st , 1953	June 30 th , 1963
Class IV	skaters born between	July 1 st , 1938	June 30 th , 1953

For Pairs Free Skating and all Ice Dance events both partners must have reached the age of 28 by July 1st, preceding the event and must not have reached the age of 71 by July 1st, preceding the event.

Members of Synchronized Teams must have reached the age of 25 by July 1st, preceding the event but must not have reached the age of 71 by July 1st, preceding the event. Up to 25% of a team may be from a foreign Member, if so permitted by the National Association of the country of which the Skater is a citizen, but such Skaters shall only represent one Member in the course of the same year.

Skaters can enter only one (1) Compulsory Ice Dance level (Masters Elite, or Masters, or Gold, or Silver, or Bronze). Skaters can enter only one (1) level of adult Free Skating (Masters Elite, or Masters, or Gold, or Silver or Bronze.) However and in addition, a skater can also enter the Pairs Free Skating event, the Artistic Free Skating Event, the Synchronized Skating event and/or the Original Dance event and the Free Dance event.

3. Entry Deadline

All Forms must be returned to the Organizer by e-mail or fax no later than April 1st, 2010. The forms must be sent simultaneously to

Deutsche Eislauf-Union e.V.	Sportstätten Oberstdorf
Menzinger Str. 68,	Thomas Speiser
D-80992 Munchen	Rossbichlstrasse 2-6
	D-87561 Oberstdorf
info@eislauf-union.de fax: +49 89 89120320	thomas-speiser@oberstdorf-sport.de fax: +49 8322 700 511

Skaters, Pairs, Dance couples and Synchronized teams must turn in together with the entry forms the "Planned Program Content Sheet". It is not permitted to hand over the Planned Program Content Sheets directly to the competition Officials during the competition. Changed Program Content Sheets must be turned in upon registration at the registration desk.

3.1 Entry Fee

With the entry to the competition, the entry fee per person must be paid as follows:

First Single event	€ 60,00 per person
First Dance event	€ 35,00 per person
First Pair event	€ 35,00 per person
Synchronized Team	€ 285,00 per team

Second Single event Second Pair or Dance event € 30,00 per person Third Pair or Dance event

€ 30.00 per person

€ 25,00 per person

The entry fee will not be refunded in case of withdrawals for any reason. Payment may be made by money order, bank transfer or credit card. (See Entry Form for credit card details). Payment must be made to

Sportstätten Oberstdorf **Thomas Speiser** Rossbichlstrasse 2-6 D-87561 Oberstdorf thomas-speiser@oberstdorf-sport.de fax: +49 8322 700 511

Bank account: Raiffeisenbank Oberstdorf banking code: 733 699 20 account: 0118 753 IBAN: DE86833699200000118753 SWIFT: GENODEF1SFO "Adult 2010"



4. Technical Data

Place: a) main arena: Eislaufzentrum Oberstdorf, a skating complex with two indoor ice rinks, with the ice surface of 60 x 30 m, air-conditioned and heated, covering the events and the practices;

b) practice arena: see main arena

Main arena and practice arena are side-by-side under one roof.

Elite Masters Free Single Skating	Free Skating	Skaters who sign up for this category will compete against other Elite Masters Single Skaters. The technical requirements are identical to the category "Masters Free Single Skating".
Masters Free Single Skating	Free Skating	A competitor in the Masters Free Skating event must perform a well- balanced program that may contain:
		 a) A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. A jump combination may consist of the same or another single, double or triple jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork.
		 b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
		c) A maximum of one step sequence (i.e, circular, straight line, serpentine) or spiral sequence according to the requirements.
		Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.
	Duration	The maximum time is 3:10 sec., but may be less.
	Factor	The panels points for each Program Component are multiplied by a factor of 1.6



Adult Single Gold	Free Skating	ompetitor in the Adult Gold Free Skating event must perform a balanced program that may contain:
		A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel) except double Flip, double Lutz and double Axel.
		A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.
		A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
		A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence according to the requirements.
	Duration	Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such. maximum time is 2:40 sec., but may be less.
	Factor	panels points for each Program Component are multiplied by a or of 1.6

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Adult Single Silver	Free Skating	A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:
		 A maximum of five (5) jump elements. The single Axel or any other single Axel type jump and all other single jumps are permitted. No double jumps are permitted.
		 A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump. b. A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g., half a serpentine, half of a straight line etc.) In case of a circular step sequence a full circle is required covering 1/2 the ice surface.
	Duration	The maximum time is 2:10 sec., but may be less.
	Factor	The panels points for each Program Component are multiplied by a factor of 1.6



Adult Single Bronze	Free Skating	A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain:
		 a. A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.
		 b. A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
		 c. A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a circular step sequence a full circle is required covering 1/2 the ice surface.
		Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.
	Duration	The maximum time is 1:40 sec., but may be less.
	Factor	The panels points for each Program Component are multiplied by a factor of 1.6



Pair Skating		ts of Free Skating only. Each pair must consist of a man and a It be the male skater, the lady the female skater.
Elite Masters Pair Skating	Free Skating	Skaters who sign up for this category will compete against other Elite Masters Pair Skaters. The technical requirements are identical to the category "Masters Free Pair Skating".
Masters Pair Skating	Free Skating	 Couples must perform a well-balanced program that may contain: a) A maximum of three (3) different lifts, one of which may be a twist lift. b) A maximum of two (2) throw jumps (single or double); c) A maximum of two (2) solo jumps. Single, double or triple jumps are permitted. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. d) A maximum of one (1) jump combination with a maximum of three listed jumps included or one (1) jump sequence (the two jumps with the highest value will count for points). e) A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and eight (8) for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted. f) A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: five (5) for the flying spin and five (5) for the spin with only one position and ten (10) for the spin is number of revolutions. There must be a minimum of two (2) revolutions in each position or the position will not be counted. g) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence that fully utilizes the ice surface. Only the first executed sequence (step or spiral sequence) will be counted. A maximum of one step sequence but will be counted as moves-in-the field (transitions) and marked as such.
	Duration	The maximum time is 3:10 sec., but may be less.
	Factor	The panels points for each Program Component are multiplied by a factor of 1.6

Adult Pair Skating	Free Skating	 Couples must perform a well-balanced program that may contain: a. A maximum of three (3) different lifts, one of which may be a twist lift. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are <u>not</u> permitted. Overhead lifts are <u>not</u> permitted. b. A maximum of one (1) throw jump (single only); c. A maximum of one (1) solo jump. Only single jumps are permitted. d. A maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points). e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: three (3) revolutions for a pair spin and six (6) for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted. f. A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: three (3) for the flying spin and three (3) for the spin with only one position and six (6) for the spin combination will not be counted. g. A maximum of one death spiral or pivot spiral (position optional). At least ¾ revolution in pivot position by the man is required.
		 counted. g. A maximum of one death spiral or pivot spiral (position optional). At least ³/₄ revolution in pivot position by the man is
		Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves- in-the field (transitions) and marked as such.
	Duration	The maximum time is 3:10 sec., but may be less.
	Factor	The panels points for each Program Component are multiplied by a factor of 1.6



Ice Dance	General: Each couple consists of a man and a lady. The man skates the pattern of the male steps, the lady skates the lady's pattern.		
Elite Masters Dance	Compulsory Dance	Elite	ers who sign up for this category will skate against other Masters Ice Dancers. The technical requirements are ical to the category "Masters Compulsory Dance".
Masters Dance	Compulsory Dance	# 6 #16	Westminster Waltz (2 sequences) Paso Doble (3 sequences)
Adult Gold Dance	Compulsory Dance	# 6 #16	Westminster Waltz (2 sequences) Paso Doble (3 sequences)
Adult Silver Dance	Compulsory Dance	# 4 #21	European Waltz (2 sequences) Tango (2 sequences)
Adult Bronze Dance	Compulsory Dance	# 1 # 2	14-Step (3 sequences) Foxtrot (2 sequences)
		The F	Referee will indicate the starting point of each dance.
	Factors in each dance for Program Components	Perfo Interp Timin	ng Skills 0,75 ormances 0,50 oretation 0,50 og 0,75 official ISU Compulsory Dance music will be used

Party Lines	
Competition	

Elite Masters Original Dance	Original Dance	Skaters who sign up for this category will compete against other Elite Masters Ice Dancers. The technical requirements are identical to the category "Adult Original Dance".
Adult Original Dance Event	Original Dance	
		Required elements:

		 Two (2) different types of dance lifts, with seconds duration each; One (1) Diagonal or Midline Step Sequen One (1) Dance spin, with optional position revolutions by each partner. A Combinati permitted. The number of rotations and didescribed in ISU Communication 1522. One (1) set of Sequential Twizzles. 	ce in varied hold; n, minimum of three (3) ion Spin is NOT
	Duration:	2 minutes and 40 seconds but may be less.	
	Factors in the Original Dance	The multiplying factors for the Program components for the O Dance are:	
		Skating Skills Transitions, Linking Footwork, Movements Performance, Execution Choreography, Composition Interpretation, Timing	0,80 0,80 0,60 0,60 1,00
Elite Masters Free Dance	Free Dance	Skaters who sign up for this category will com Elite Masters Ice Dancers. The technical requ to the category "Masters Free Dance".	
Masters Free Dance	Free Dance	In accordance with Rule 610 and all pertinent ISU Communication The requirements for a well-balanced program are: Same as Gold Free Dance (below).	
	Duration:	Max. 3 Min. 10 seconds, but may be less. Vocal music is permitted.	
	Factors in the Free Dance	The multiplying factors for the Program Comp Dance are:	oonents for the Free
		Skating Skills Transitions, Linking Footwork, Movements Performance, Execution Choreography, Composition Interpretation, Timing	1,25 1,75 1,00 1,00 1,00
Gold Free Dance	Free Dance	In accordance with Rule 610 and all pertinent The requirements for a well-balanced program	
		 A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 6 sec. and 1 long lift with a maximum duration of 12 seconds; A maximum of one (1) Dance Spin, with optional positions. A simple spin with no change of foot consisting of at least three (3 rotations for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted. (See ISU Communication 1522 and 1567.) A maximum of one (1) circular Step Sequence, clockwise or anit-clockwise. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between. (See ISU Communication 1496 and 1522). 	



	Duration:	max. 3 minutes and 10 seconds, but may be less Vocal music is permitted. The multiplying factors for the Program components for the Free Dance are:		
	Factors in the Free Dance			
		Skating Skills Transitions, Linking Footwork, Movements Performance, Execution Choreography, Composition Interpretation, Timing	1,25 1,75 1,00 1,00 1,00	
Silver Free Dance	Free Dance	In accordance with Rule 610 and all pertinent ISU Communication. The requirements for a well-balanced program are:		
		 A maximum of one (1) dance lift, with a maximum sec. A maximum of one (1) Diagonal or Midline Step varied hold. A maximum of one (1) set of Synchronized Twiz three (3) steps between. (See ISU Communicati 1567). A maximum of one (1) Dance Spin with optional simple spin with no change of foot consisting of revolutions for each partner or a Combination Spic change of foot consisting of at least Three (3) ro foot is permitted. (See ISU Communications 1557) 	Sequence, in zles with up to on 11522 and positions. A at least three (3) oin with a tations on each	
	Duration:	max. 2 minutes and 40 seconds, but may be less Vocal music is permitted.		
	Factors in the Free Dance	The multiplying factors for the Program components for the Free Dance are:		
		Skating Skills Transitions, Linking Footwork, Movements Performance, Execution Choreography, Composition Interpretation, Timing	1,25 1,75 1,00 1,00 1,00	



Synchronized Skating	Free Skating	A team shall consist of 12 to 16 skaters and may include both ladies and men. Skaters must meet the age requirements as stated in this announcement. The Free Program must be skated according to ISU Rules 2008 (Special Regulations Synchronized Skating 2008, Technical Rules Synchronized Skating, ISU Communications No. 1393, 1529 and 1532). The Synchronized Skating competition will not be held unless at least three (3) teams are entered . The teams must skate a balanced Free Skating Program which may contain the following eight (8) elements
		 * one (1) block; * one (1) circle; * one (1) line: * one (1) wheel; * two (2) intersections; * one (1) movement in isolation; * one (1) element to be selected from block, circle or line.
		The first executed element and the first two executed intersections will be taken into consideration as elements with a value, will be called and will consequently also count for points.
		Other elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components.
		Definitions of recommended elements are in accordance with Rule 911, paragraph 4. The illegal elements are following the restrictions in Junior Free Skating, Rule 912, paragraph 10 b.
		Holds : Minimum of three (3) different recognizable holds are required. There will be a deduction made by the Referee if there are not the required numbers of holds in the program.
	Duration:	Minimum of 2:30 min and a maximum of 3:30 min.
	Factors	Free Skating: for Program Components 1.6
	Music	Vocal music using lyrics is permitted. Rule 911, paragraph 1 i) shall apply.
	Practice offered	Official Practice ice will be offered on the day of the competition. Additional Practice time will be available and can be booked through the ice arena management.



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Artistic Free Skating	There will be two "Artistic Free Skating Events" for Ladies Ladies Masters/Gold Ladies Silver/Bronze
	and two "Artistic Free Skating Events" for Men Mens Masters/ Gold Mens Silver/Bronze
	Duration: The maximum time is 1 minute and 40 seconds but may be
	Vocal music is permitted
	The artistic event will be judged only on the basis of Presentation Components (program components): • Skating skills

- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

There will be no technical panel and no technical mark given. (see ISU Special Regulations and Technical Rules 2008, Singles & Pair Skating, Rule 522, paragraph 2 for a detailed description of Program Components.) The respective Rules can be found on the ISU website.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills.

The artistic free skate is a competitive program which must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel type jump or double jumps are allowed. No combination jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (2.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 2.0 will be made. The Referee is responsible for such deductions.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is

considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed

during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are **not permitted.** Costumes that contain particles that may mar or leave

anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

Illegal elements:

- Somersault type jumps
- lying on the ice and prolonged and/or stationary kneeling on both knees on the ice



5. MUSIC

All competitors/teams shall furnish competition music of excellent quality on either analogue (conventional) or DAT (Digital Audio Tape) format, or disk either MD (Mini Disk) or CD (Compact Disk) format. The music must show the exact running time of the music (not skating time), which shall be certified by the competitor/team. Each program must be recorded on one track and on a separate disk or cassette. Competitors must provide a back-up drive for the music for each program.

In accordance with Rule 343, paragraph 1, all disks must show the Competition event, Competitors/Team's name, the Nation and the exact running time of the music - not skating time - including any starting signal and must be submitted at the time of registration.

If music information is not complete and cassettes or disks not provided, accreditation will not be given.

6. Planned Program Content Sheet

Skaters, Pairs, Dance Couples and Synchronized Teams must turn in to the Organizing Committee together with the entry forms the "Planned Program Content Sheet". It is not permitted to hand over the Planned Program Content Sheets directly to the competition Officials during the competition. Changed Program Content Sheets should be turned in at the registration desk.

7. Expenses Provided

The organizer will provide travel, accommodation and meals for all Event Referees, the Technical Panel Members and Judges.

All competitors and coaches will cover their own expenses.

8. Accommodation

Participants may book their hotel accommodation individually or hotel accommodation can be booked through the following travel agency:

Claudia Huth Huth Sport Marketing GmbH Am Otterrohr 11 87561 Oberstdorf

Email: info@ice-dome.com www.ice-dome.com

The Organizing Committee will take care of the accommodation of the Technical Panel, the Referees and all Judges.

9. REGISTRATION

All ISU Office Holders, Event Officials, Competitors, Coaches etc. are requested to register at the "Information and Registration Counter" – Eissportzentrum Oberstdorf upon arrival.



10. Results

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will NOT apply.

11. DRAWS - ORDER OF SKATING

There will be an "Opening Draw" in the "Eislaufzentrum Oberstdorf. The draws are scheduled on

Wednesday, May 19th, 2010 - 14:00 h

12. INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole obligation of each participant, as defined in Rule 107, to provide medical and accident insurance. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The organizer will provide medical services for all competitors and officials during practice and competition.

13. TRAVEL

The Organizing Committee can only assist in transportation support if the arrival airport will be MÜNCHENor MEMMINGEN. However, the best and cheapest way is taking the train. There is a special offer, a so called "Bayern-Ticket", which brings you from the airport (S1 or S8) via München main station to Oberstdorf. Such a ticket can be purchased in Terminal 1 in the airport, train station, before taking the elevator to the track or at the ticket machine.

If, however, you would like to use a shuttle service of the Organizing Committee, please indicate in the entry form your request and your arrival and departure time. The OC will try its best to arrange such a service. Shuttle Service is not guaranteed.

Travel time:

Munich airport to Oberstdorf	2 1⁄2 hours
Memmingen airport to Oberstdorf	1 1/2 hours

Please note when you travel individually:

No arrival time in Munich should be planned later than 18:00 h No arrival time in Zürich should be planned later than 18:00 h

No departure time from Munich should be planned before 10:30 h No departure time from Zürich should be planned before 12:00 h



14. Miscellaneous

An Opening Reception for all competitors will be held on Wednesday, May 19, 2010 during the Opening Draw and a Closing Banquet will be held on Saturday night, May 22, 2010. Payment for the closing banquet (for the skater and guests) must be made when the skater registers at the competition in Oberstdorf.

<u>Practice Ice</u>: The official practice schedule will be sent to competitors. Additional practice ice will be available on Thursday, May 20, Friday, May 21, and Saturday, May 22, and will be sold at the Oberstdorf rink. For ice time prior to May 20, skaters arriving in Oberstdorf please note our various packages and services.

A DVD will be made of the competition which can be purchased. **Payment for the DVD must be made when the skater registers at the competition in Oberstdorf.**

15. Training Packages

The Organizing Committee in cooperation with the Sportstätten Oberstdorf and Huth Sport Marketing GmbH offers a *Training Package for single skaters* prior to the Adult competition. The package includes practice sessions with international well-known coaches, special ice time, seminar and physiotherapy.

In detail:

Package: 16.05. – 19.05.2010

- 4 x 50 minutes technique in a group 3-4 skaters
- 4 x 50 minutes free ice
- 1 x 30 minutes relaxing massage

price per skater 200,00 Euro

The coaches included in the above mentioned programs are:

- Mr. Karel Fajfr
- Mr. Alexander König

private lessons (including ice patches) can be ordered by the coach individually:

for single & pairs skating: Mr. K, Fajfr (karelfajfr@hotmail.de) Mr. Alex König (inesundalexkoenig@gmx.de) Mrs. Bruni Skotnicky

for single & Ice Dance: Mrs. M-T. Kreiselmeyer (<u>mtk-oberstdorf@t-online.de</u> Mr. M. Skotnicky

Additional ice time can be booked individually with the "Sportstätten Oberstdorf". The ice-fee for such additional practice time is €8.00 per skater for 50 minutes and €35.00 per 20 minutes practice per Synchronized team.

Upon request, individual and group consultation of GOEs, Levels and Program Components can be included (see Entry Form Section F). Such consultations will be made through an ISU Referee and Technical Controller.



16. Information

Please address all requests for information related to patches/additional training to:

Thomas Speiser Telephone: +8322 700 517 Fax: + 08 322 700 511 Rossbichlstrasse 2-6 D-87561 Oberstdorf E-mail: Thomas-speiser@oberstdorf-sport.de

or if related to accommodation, packages etc. to

Claudia Huth Huth Sport Marketing GmbH Am Otterrohr 11 87561 Oberstdorf info@ice-dome.com www.ice-dome.com

or related to the competition and programs to

Sissy Krick Am Schorn 38 D-82327 Tutzing phone: +49 8158 2118 fax. +49 8158 928 650 sissy.krick@eventint.com

For further information contact the ISU Adult Skating Working Group Members:

Rhea Schwartz DCRhea@aol.com Wolfgang Stummer wstummer@swissonline.ch

Barbara Standke Barbara.Standke@free.fr

The Oberstdorf Organizing Committee has established a web-site:

www.adultskating-oberstdorf.com www.ice-dome.com

17. Tentative Event Schedule

Wednesday, May 19th, 2010	14:00 16:00 20:30	Opening and Draws Competitions Event Officials Dinner
Thursday, May 20 th , 2010	14:00	Competitions
Friday, May 21 st , 2010	09:00	Competitions
Saturday, May 22 nd , 2010	09:00 20:00	Competitions Closing Banquet